

**REMEMBER, YOU CAN ALWAYS ASK FOR HELP:**

**National Consulting and Intervention Center for Victims of Trafficking (KCIK)**

**(KCIK) Warsaw, Phone: 22 628 01 20,  
e-mail: info@kcik.pl**

**La Strada Foundation against Human Trafficking and Slavery  
Warsaw, Phone: 22 628 99 99**

**Po MOC Mary Immaculate Association for Women and Children,  
Katowice, Phone: 32 255 38 69**

**International Organisation for Migration (IOM)  
Warsaw, Phone: 22 538 91 03**

You are a foreigner.

You've come to Poland and you feel endangered (you fear for your life), because someone:

- Took away your passport or ID document;
- Beats, threatens or blackmails you;
- Forces you into prostitution, stealing, begging, working in inhumane conditions and does not pay you the money you have earned.

**It means you might be a victim of human trafficking.**

**SEEK HELP!!!**

**You can ALWAYS obtain help from  
NATIONAL CONSULTING AND  
INTERVENTION CENTER FOR  
VICTIMS OF TRAFFICKING (KCIK)**

The Center offers:

- 24/7 helpline
- Basic provisions - food, clothes, shoes, sanitary products
- Accommodation in a safe place
- Psychological support
- Legal assistance
- Assistance of an interpreter
- Medical assistance

**CALL +48 22 628 01 20**

**If you decide to contact law enforcement authorities and you are considered a VICTIM OF HUMAN TRAFFICKING, you also have the right to:**

- **Participate in the Programme for support and protection of a victim/witness of human trafficking;**
- **Social benefits;**
- **Legal stay in the territory of Poland;**
- **Safe return - if you decide to return to your country.**

All you have to do is contact the Police or the Border Guard, describe your situation and break all contacts with the perpetrators.